The LEGACY Girls Study

Follow-up #1 (at 6 months)

Parent/Guardian Questionnaire

For parents/guardians with daughters age 6 years and older

The Daughter’s Neighborhood

Self-administered
In the following questions, we would like to find out what you think about the neighborhood of your daughter’s primary home. If your daughter lives in more than one neighborhood, think about the neighborhood where she spends most of her time. We will ask about her secondary neighborhood in the next set of questions.

By “neighborhood,” we mean your street (or the street of your daughter’s primary home) and a couple of the nearby streets within a 10-15 minute walk of your daughter’s home. If you prefer not to answer these questions, please select “no answer.”

A1. What is the main type of housing in your daughter’s neighborhood?

- Detached single family housing
- Townhouses, row house, apartments, or condos of two-three stories
- Mix of single-family residences and townhouses, row houses, apartments, or condos
- Apartments or condos of 4-12 stories
- Apartments or condos of more than 12 stories
- Don’t know/not sure
- No answer

The following statements describe neighborhoods related to bicycling and walking. For each description, please indicate whether you strongly disagree, somewhat disagree, somewhat agree or strongly agree.

A2. Many shops, stores, markets or other places to buy things are within easy walking distance of my daughter’s house.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Don’t know / not sure
- No answer

A3. My daughter’s home is within a 10-15 minute walk of a transit stop (bus, trolley).

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Don’t know / not sure
- No answer
A4. There are sidewalks on most of the streets in my daughter’s neighborhood.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Does not apply to my daughter’s neighborhood
- No answer

A5. In or near my daughter’s neighborhood, there are special bicycle lanes, separate paths or trails, or shared use paths for bicycles and pedestrians.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Does not apply to my daughter’s neighborhood
- No answer

A6. My daughter’s neighborhood has several free or low cost recreation facilities, such as parks, walking trails, bike paths, recreation centers, playgrounds, public swimming pools etc.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Don’t know / not sure
- No answer

A7. The crime rate in my daughter’s neighborhood makes it unsafe to go on walks at night.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Don’t know / not sure
- No answer

A8. There are many four-way intersections in my daughter’s neighborhood.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Don’t know / not sure
- No answer
A9. There is so much traffic on the streets that it makes it difficult or unpleasant to walk in my daughter’s neighborhood.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Don’t know / not sure
- No answer

A10. Many people are physically active in my daughter’s neighborhood.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Don’t know / not sure
- No answer

A11. There are many interesting things to look at while walking in my daughter’s neighborhood.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Don’t know / not sure
- No answer

The next questions concern your opinion about safety for children in your daughter’s neighborhood.

A12. Do you feel that your daughter is safe when walking and playing in her neighborhood?

- Yes
- No
- Don’t know
- No answer

A13. Do you believe there is enough street lighting in your daughter’s neighborhood?

- Yes
- No
- There is no street lighting in her neighborhood
- Don’t know
- No answer

A14. Do you consider your daughter’s neighborhood to be safe from crime?

- Yes
- No
- Don’t know
- No answer
A15. Do concerns about safety influence your decision to allow your daughter to play outdoors?
   - Yes
   - No
   - Don’t know
   - No answer

A16. Do concerns about motor vehicle traffic in your neighborhood influence your decision to allow your daughter to play outdoors?
   - Yes
   - No
   - Don’t know
   - No answer

The next statements describe neighborhoods related to the availability of healthy foods. For these questions, think of the neighborhood as the area within a 20 minute walk (approximately 1 mile or 1.6 km) from your daughter’s primary home.

For each description, please indicate whether you strongly disagree, somewhat disagree, neither agree nor disagree, somewhat agree or strongly agree.

A17. The fresh fruits and vegetables in my daughter’s neighborhood are of high quality.
   - Strongly disagree
   - Somewhat disagree
   - Somewhat agree
   - Strongly agree
   - Don’t know / not sure
   - No answer

A18. A large selection of fresh fruits and vegetables is available in my daughter’s neighborhood.
   - Strongly disagree
   - Somewhat disagree
   - Somewhat agree
   - Strongly agree
   - Don’t know / not sure
   - No answer

A19. A large selection of low-fat food products is available in my daughter’s neighborhood.
   - Strongly disagree
   - Somewhat disagree
   - Somewhat agree
   - Strongly agree
   - Don’t know / not sure
   - No answer

A20. Does your daughter live in more than one home?
   - Yes  ➔ Go to Section B (repeat questions B1-B14 for secondary home)
   - No  ➔ Thank you for your time and participation
SECTION B. DAUGHTER’S SECONDARY NEIGHBORHOOD

In the following questions, we would like to find out what you think about the neighborhood of your daughter’s secondary home. By “neighborhood,” we mean your street (or the street of your daughter’s secondary home) and a couple of the nearby streets within a 10-15 minute walk of your daughter’s home.

B1. What is the main type of housing in your daughter’s secondary neighborhood?

☐ Detached single family housing
☐ Townhouses, row house, apartments, or condos of two-three stories
☐ Mix of single-family residences and townhouses, row houses, apartments, or condos
☐ Apartments or condos of 4-12 stories
☐ Apartments or condos of more than 12 stories
☐ Don’t know/not sure
☐ No answer

B2. Many shops, stores, markets or other places to buy things are within easy walking distance of my daughter’s secondary home.

☐ Strongly disagree
☐ Somewhat disagree
☐ Somewhat agree
☐ Strongly agree
☐ Don’t know / not sure
☐ No answer

B3. My daughter’s secondary home is within a 10-15 minute walk of a transit stop (bus, trolley).

☐ Strongly disagree
☐ Somewhat disagree
☐ Somewhat agree
☐ Strongly agree
☐ Don’t know / not sure
☐ No answer

B4. There are sidewalks on most of the streets in my daughter’s secondary neighborhood.

☐ Strongly disagree
☐ Somewhat disagree
☐ Somewhat agree
☐ Strongly agree
☐ Does not apply to my daughter’s secondary neighborhood
☐ No answer
B5. In or near my daughter’s secondary neighborhood, there are special bicycle lanes, separate paths or trails, or shared use paths for bicycles and pedestrians.

- [ ] Strongly disagree
- [ ] Somewhat disagree
- [ ] Somewhat agree
- [ ] Strongly agree
- [ ] Does not apply to my daughter’s secondary neighborhood
- [ ] No answer

B6. My daughter’s secondary neighborhood has several free or low cost recreation facilities, such as parks, walking trails, bike paths, recreation centers, playgrounds, public swimming pools etc.

- [ ] Strongly disagree
- [ ] Somewhat disagree
- [ ] Somewhat agree
- [ ] Strongly agree
- [ ] Don’t know / not sure
- [ ] No answer

B7. The crime rate in my daughter’s secondary neighborhood makes it unsafe to go on walks at night.

- [ ] Strongly disagree
- [ ] Somewhat disagree
- [ ] Somewhat agree
- [ ] Strongly agree
- [ ] Don’t know / not sure
- [ ] No answer

B8. There are many four-way intersections in my daughter’s secondary neighborhood.

- [ ] Strongly disagree
- [ ] Somewhat disagree
- [ ] Somewhat agree
- [ ] Strongly agree
- [ ] Don’t know / not sure
- [ ] No answer

B9. There is so much traffic on the streets that it makes it difficult or unpleasant to walk in my daughter’s secondary neighborhood.

- [ ] Strongly disagree
- [ ] Somewhat disagree
- [ ] Somewhat agree
- [ ] Strongly agree
- [ ] Don’t know / not sure
- [ ] No answer
B10. Many people are physically active in my daughter’s secondary neighborhood.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Don’t know / not sure
- No answer

B11. There are many interesting things to look at while walking in my daughter’s secondary neighborhood.

- Strongly disagree
- Somewhat disagree
- Somewhat agree
- Strongly agree
- Don’t know / not sure
- No answer

The next questions concern your opinion about safety for children in your daughter’s neighborhood.

B12. Do you feel that your daughter is safe when walking and playing in her secondary neighborhood?

- Yes
- No
- Don’t know
- No answer

B13. Do you believe there is enough street lighting in your daughter’s secondary neighborhood?

- Yes
- No
- There is no street lighting in her neighborhood
- Don’t know
- No answer

B14. Do you consider your daughter’s secondary neighborhood to be safe from crime?

- Yes
- No
- Don’t know
- No answer

B15. Do concerns about safety influence your decision to allow your daughter to play outdoors in her secondary neighborhood?

- Yes
- No
- Don’t know
- No answer
B16. Do concerns about motor vehicle traffic in your neighborhood influence your decision to allow your daughter to play outdoors in her secondary neighborhood?

☐ Yes  ☐ No  ☐ Don’t know  ☐ No answer

The next statements describe neighborhoods related to the availability of healthy foods. For these questions, think of the neighborhood as the area within a 20 minute walk (approximately 1 mile or 1.6 km) from your daughter’s secondary home.

For each description, please indicate whether you strongly disagree, somewhat disagree, neither agree nor disagree, somewhat agree or strongly agree.

B17. The fresh fruits and vegetables in my daughter’s secondary neighborhood are of high quality.

☐ Strongly disagree  ☐ Somewhat disagree  ☐ Somewhat agree  ☐ Strongly agree  ☐ Don’t know / not sure  ☐ No answer

B18. A large selection of fresh fruits and vegetables is available in my daughter’s secondary neighborhood.

☐ Strongly disagree  ☐ Somewhat disagree  ☐ Somewhat agree  ☐ Strongly agree  ☐ Don’t know / not sure  ☐ No answer

B19. A large selection of low-fat food products is available in my daughter’s secondary neighborhood

☐ Strongly disagree  ☐ Somewhat disagree  ☐ Somewhat agree  ☐ Strongly agree  ☐ Don’t know / not sure  ☐ No answer

Thank you for your time and participation.